



# PRESS KIT



DR. LENA GREEN

# DR. LENA GREEN, DSW, LCSW, CLC



In her more than twenty years of direct, specialized practice and management experience as a licensed clinical social worker, psychotherapist, global certified fatherhood practitioner, clinical professor, and administrator, Dr. Green has had a tremendous impact on countless New Yorkers on a city-wide scale.

She is skilled in various areas of mental health, program planning, development, clinical supervision, and project management, and strategic partnerships.

In addition to serving over twenty plus years in government, including being the Deputy Director for the office of Substance Use Planning, Policy and Monitoring at NYC's Human Resources Administration, Dr. Green is the founder and executive director of The Akira Center Foundation, a New York City based 501(c)(3) nonprofit social service organization focusing on parenting, fatherhood, attachment, healthy relationships, and mental health.

*I am intentional about ushering people into their authentic selves, investing in and developing our community.*

**COMMITMENT TO COMMUNITY | SERVICE TO SOCIETY**



**LEADER**

**SCHOLAR**

**ADVOCATE**

**FOUNDER**

- ▶ **MENTAL HEALTH**
- ▶ **FATHERHOOD**
- ▶ **CONSULTING**
- ▶ **CLINICAL SUPERVISION**
- ▶ **PROGRAM PLANNING & DEVELOPMENT**



Dr. Green is the founder and executive director of The Akira Center Foundation, a free community-based, nonprofit social service organization focusing on parenting, fatherhood, healthy relationships, and mental health. She is a member of the Mayor's Taskforce for Responsible Fatherhood working with New York City agencies to help them infuse father friendly activities into their programs and continues to serve on the leadership team developing strategies for father inclusiveness.

Dr. Green holds both a doctorate and master's in Social Work from New York University, a BA in psychology from the University of Massachusetts at

Amherst, post-master's certificates in Advance Clinical Practice from Silberman School of Social Work at Hunter College, and the Treatment of Alcohol and Drug Addicted Clients from NYU.

Dr. Green serves on various boards across the northeast including the University of Massachusetts at Amherst Alumni Association, Child Find of America (an organization providing professional services to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse), Young Life NYC, and is an active member of Delta Sigma Theta Sorority, Inc.

# FEATURES



**Mental Health Awareness**  
**EPISODE 69: INTERVIEW WITH DR. LENA GREEN**



**Black Girls Pole**  
**EPISODE 18: DO I NEED A THERAPIST?**



**Black & Highly Dangerous**  
**EPISODE 90: BLACK FATHERHOOD**



**Life's Tricky Podcast**  
**CAUSE MARKETING SUMMIT**

# AWARDS



**NASW MID-CAREER EXEMPLARY LEADER AWARD**



**I.M.P.A.C.T. AWARD NASW-NYC'S HIGHEST HONOR**

# TESTIMONIALS



Dr. Lena Green is a force! She is dynamic, engaging, warm and powerful. Her lived and professional experiences have given her a deep well from which to draw from. She's got intelligence and wisdom and is committed to lifting up communities.

**- Dr. Linda Lausell Bryant**

Clinical Associate Professor Katherine and Howard Aibel Executive-in-Residence Co-author of A Guide for Sustaining Conversations on Racism, Identity, And Our Mutual Humanity

Dr. Lena Green is a solutions-focused clinician and consultant on mental health. For decades, she has positively impacted communities through direct patient care, programing and strategic development of healthcare professionals. Dr. Green's deep commitment to advocacy and a balanced approach to care has driven her to provide resources and services that focus on the whole person, including the environment and support needed to improve overall mental health and wellness. Dr. Green's expertise helps transform lives and countless organizations. It is with the utmost respect that I point to her body of work as mission critical and her sought after voice as a necessary pillar in mental health leadership.

**- Aisha Thomas-Petit**

Dr. Lena Green is one of the most amazing and committed professionals in this century. I first met her in 2008 as one of the founding partners for the Family Health Symposium. She is meticulous in her approach to her work and a visionary trailblazer in birthing the The Akira Center - a safe haven for supporting fathers and the principles of responsible fatherhood. Dr. Green is one of our rising leaders, committed to improving the quality of life for all!

**- Dr. Edison Bond, Jr.**

Healthcare Executive, Omega Trailblazers Foundation, Inc. Board Member

Dr. Green is knowledgeable about a range of issues that impact the lives of individual clients and groups. She is generous in her time as she teaches and mentors professionals - and conveys what she knows clearly and convincingly. I've heard her teach and speak on many occasions, and always walk feeling more interested and more enthused about the subject at-hand. She is a well-rounded and accomplished social worker who takes seriously the task of representing the profession and its values.

**- Dr. Meredith Hemphill Ruden, DSW, LCSW**

Dr. Green is known as the First Lady of Fatherhood in our circles. She has made such an impact in working with fathers and young men of color in our city both as an administrator and someone who provides strategic programming on the ground. She has strong leadership skills, unwavering commitment to the community and is dedicated to the populations she serves. Our teams trust her vision, value her input and rely on her insight.

**- Scott Leach**

# ENGAGEMENTS & EVENTS

Join Us for Our Upcoming CTAC Webinar!

## Dads & Depression:

### Paternal Depression in New and Expectant Dads

Presented by:

**Dr. Lena Green, DSW, LCSW**

**Tuesday, April 21st**

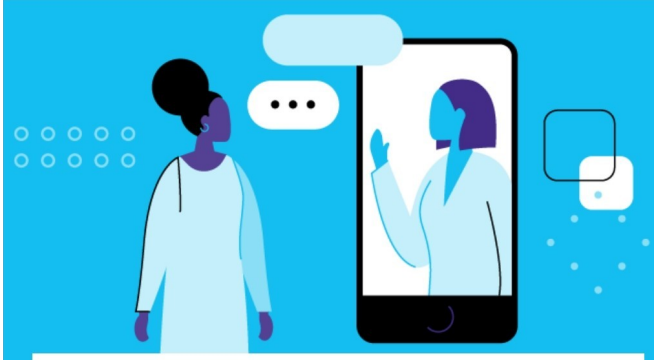
**12-1 PM**

Register here!

Fatherhood is an important time for both fathers and their children. Fathers have been found to have high rates of depression and anxiety during pregnancy and the postpartum period. Although similar to mothers, depression in fathers often presents differently or is often overlooked by mental health professionals which may include implicit biases towards fathers. Mental health challenges can play an important role in overall well-being that can interfere with a father's role as a parent and a partner.

The learning objectives for this webinar are as follows:

- Gain understanding about the concept of paternal depression
- Increase knowledge regarding the risk factors related to paternal depression
- Understand the effects of paternal depression on children and families



## BEST PRACTICES IN TELEHEALTH: A CONVERSATION

WITH DR. LENA GREEN  
& DR. ERIC THURNHAUER

**THURS MAY 14TH  
6:45 PM - 7:45 PM**



nyusilvercpd  
NYU Silver School of Social Work

INTRODUCING...



GITANJALI THADHANI  
MA, MSW, MED, DSW  
NYU SILVER SCHOOL OF SOCIAL WORK



LENA GREEN  
DSW, LCSW, CLC, MSW  
NYU SILVER SCHOOL OF SOCIAL WORK

LEARN MORE ABOUT LENA AND GITANJALI'S JOURNEYS AT:

*Silver Career Connections:*  
**WOMXN OF COLOR  
NAVIGATING THE JOB MARKET**  
ALUMNI PANEL

WEDNESDAY, DECEMBER 11TH | 6:00 - 7:00 PM | PARLOR

RSVP >> [bit.ly/SWWomxn](https://bit.ly/SWWomxn)  
LIVESTREAM >> [bit.ly/SCC\\_WomxnOfColorLiveStream](https://bit.ly/SCC_WomxnOfColorLiveStream)



### Journeying Towards Father-Inclusive Practice and Family Cohesion NYSED and ASWB/ACE Approved for 3 CE Contact Hours

Original live event presented on April 17, 2019

Fathers' involvement in the lives of children has routinely shown to have positive outcomes across social-emotional, behavioral and cognitive domains. With increased attention to the role fathers play in child development, it is imperative clinicians gain knowledge and skills to effectively treat and engage fathers as an integral member of the family system, work toward mitigating barriers and to understand the dynamics of the co-parenting relationship on family cohesion and resilience.





# ACCOMPLISHMENTS

**Phi Alpha Honor Society of Social Work**

**2019**

**NASW New York City Chapter: Social  
Work I.M.P.A.C.T. Award**

**2019**

**Alpha Phi Alpha Fraternity, Inc. Alpha  
Gamma Lambda Chapter, Living the  
Dream Award**

**2019**

**Cause Marketing Summit: Awesome  
Possum Award for Distinguished  
Leadership**

**2016**

**NASW New York City Chapter:  
Mid-Career Exemplary Leader Award**

**2015**

**Omega Psi Phi Fraternity, Inc. Psi  
Lambda Lambda Chapter - Human  
Services Award**

**2014**



**Book Dr. Lena Green, DSW, LCSW, CLC**

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 @drlenagreen

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